

4 Make-Ahead Baked Sweet Potatoes

Brought to you by Betty Crocker™

Prep time: 15 minutes (plus chill time, if refrigerated)

Cook time: 25 minutes

- 6 medium sweet potatoes (about 2¼ lbs)
- 1/4 cup sour cream
- 2 tbsp milk
- 2 tbsp packed brown sugar
- 2 tbsp butter or margarine, softened
- 1/8 tsp salt
- **1.** Heat oven to 375 F. Pierce sweet potatoes with fork to allow steam to escape. Bake about 45 minutes or until tender.
- 2. Cut thin lengthwise slice from each potato; carefully scoop out inside of potato, leaving a thin shell. Mash potatoes in large bowl until no lumps remain. Beat in sour cream and milk. Beat in brown sugar, butter, and salt until potatoes are light and fluffy.
- **3.** Place shells in ungreased 9-by-13-inch baking dish. Fill shells with potato mixture. Cover and refrigerate no longer than 24 hours.
- **4.** Heat oven to 400 F. Bake uncovered about 25 minutes or until potato mixture is golden brown. (If baking filled shells immediately after mashing potatoes, bake about 20 minutes.)

Makes 6 servings. Per serving:

180 calories, 6 g fat (4 g saturated fat), 15 mg cholesterol, 95 mg sodium, 33 g carbohydrate, 33 g fiber, 2 g protein

> More than 85 percent of the world's canned pumpkin is grown by Libby's® in Illinois.

5 Breyers® Pumpkin Ice Cream Pie

Total time: 4 hours, 35 minutes (includes freezing and standing time)

Cooking spray

- 11/3 cups graham cracker crumbs
- 1/3 cup I Can't Believe It's Not Butter!® All Purpose Sticks, melted
- 1/4 cup granulated sugar
- 3 cups Breyers® Homemade Vanilla Ice Cream
- 1 cup canned pumpkin
- 1/3 cup firmly packed light brown sugar
- 1/2 tsp ground cinnamon
- **1.** Heat oven to 350 F. Spray 9-inch pie plate with no-stick cooking spray; set aside.
- 2. Combine graham cracker crumbs, I Can't Believe It's Not Butter!® All Purpose Sticks, and granulated sugar in bowl; press into bottom and up sides of prepared pie plate. Bake 10 minutes. Cool on wire rack, then freeze until ready to use.
- 3. Beat Breyers® Homemade Vanilla Ice Cream in bowl with electric mixer on low speed, just until softened. Beat in remaining ingredients until smooth. Turn mixture into prepared crust and freeze 4 hours or overnight.
- **4.** Let stand 20 minutes before serving. Garnish, if desired, with whipped cream and additional cinnamon.

Makes 8 servings. Per serving:

320 calories, 130 g fat (6 g saturated fat), 30 mg cholesterol, 190 mg sodium, 43 g carbohydrate, 1 g fiber, 4 g protein